

ELECTROLOGISTS' ASSOCIATION OF CALIFORNIA

NEWSLETTER

CELL TRANSFORMATION!

August, 2011

DR. JEKYLL and MR. HYDE

ROUBEN MARSHALL
Produced by

WITH
FREDRIC MARCO
MIRIAM HOPKINS and ROSE H



Northern California EAC Board Members

President

Patsy Kirby, CPE
PO Box 1124
Bodega Bay, CA 94923
O) 707-777-5315
F) 707-875-3340
patsykirby@comcast.net

2nd VP/Membership

Randa Thurman, CPE
2600 Garden Road, STE 207
Monterey, CA 93940
O) 831-643-2215
F) 831-643-2100
randathurman@sbcglobal.net

3rd VP/Newsletter

June Ladd, LE
4331 Piedmont Avenue
Oakland, CA 94611
O) 510-658-1010
jladdy999@sbcglobal.net

Secretary

Jacqueline Kowtko, CPE
669 Palmetto Avenue, Ste. G
Chico, CA 95927
O) 530-519-8111

Treasurer

Trish Eley, CPE
660 Hay Wire Ranch Road
Meadow Vista, CA 95722
O) 530-274-9270
trishaeley@att.net

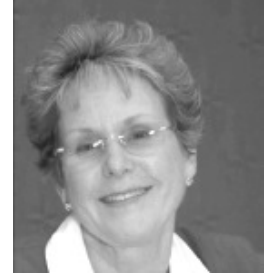
Trustee/Parliamentarian

Jean Ogren, CPE
160 Rock House Circle North
Sacramento, CA 95835
H) 916-285-6186
OgrenFindlay@yahoo.com

State Representative

Patsy Kirby, CPE
PO Box 1124
Bodega Bay, CA 94923
O) 707-777-5315
F) 707-875-3340
patsykirby@comcast.net

A Message From Your Northern Chapter President



Dear Members:

It is my hope that most of you are enjoying your summer. Our meeting scheduled for Saturday, September 24, is a Open Forum, I'm excited about this forum you requested. We'll have the opportunity for several hours to discuss what is going on in your businesses, what challenges you're experiencing, what strategies have been successful for you, and how as independent business owners can we work together to further the progress of your businesses and our profession.

In this issue of the newsletter you'll find some interesting articles on hand sanitizers, a Hazard Alert from the Occupational Safety & Health Administration (OSHA), skin needling a new technique that helps stimulate collagen in the skin, mammograms verses thermograms and several other informative articles. We will be putting the AEA report online for your review at www.electrologycalifornia.org.

Once again it is time for Northern Chapter Board Member elections. If you would like to be nominated for president or program chairperson please contact one of the Northern Chapter nominating committee members: June Ladd, LE, is the nominating committee chairperson at jladdy999@sbcglobal.net or at 510-658-1010, Julia Hamilton, CPE, at theoandjulia@sbcglobal.net or at 831-426-3540, or Kathy Turner, LE, at kathyisnow@gmail.com also at 916-962-2734.

If you're curious about what the duties are and what the position actually entails, your by-laws will help. EAC also has a Policy and Procedure manual that describes each board positions responsibilities in detail. The future of our profession depends on each of you to help support our association with your talents and skills to prepare us for the future.

Patsy Kirby, CPE

EAC President, Northern Chapter

TABLE OF CONTENTS

No. President's Message & Directory	2	List Your Website link with us	23
So. President's Message & Directory	3	Publishing Information	23
Vitamin D, Calcium Supplements	5	New Members	Back Cover
Jekyll & Hyde	5	AEA Nashville Convention	Back Cover
Future of Electrolysis by Elaine Stoddart	6-7	CA New Website DONE!!	Back Cover
Skin Needling by Mike Bono	8		
Don't Be Mislead by False Claims	10		
Common Sun-Sensitizing Drugs Problems	10		
CA State Board Meeting	13-14		
Monterey Bay Meeting and Schedule	17		
Monterey Bay Registration	18		
Thermogram No Substitute	18		
Hazard Alert: OSHA	19-22		
Classified Ads	23		
Insurance Information by Patsy Kirby, CPE ..	23		
		<i>Support Our Advertisers</i>	
		Clareblend	16
		Esba Laboratories	4
		Marine Agency Corporation	7
		Prestige Electrolysis Supply	9
		Sterex	15
		Synoptic Products	12
		Texas Electrolysis Supply	11



A Message From Your Southern Chapter President

Dear Colleagues,

Once again, it is election time for Chapter officers and their term running from February 2012 through February 2014. With the current economic pressures, changes in lifestyle and family obligations, there

are fewer people volunteering their time to organizations and associations such as ours. Time is a valuable commodity in our profession so when asked to consider volunteering for a position on the EAC board, deliberation as to what value or benefit it will bring you come to mind in making your decision. I would therefore encourage you to take it up a notch and reconsider your thoughts on becoming actively involved in EAC. Apathy, selfishness, inexperience, or fear of the unknown is not the answer. Instead, leadership, professional pride, care and fulfillment as Electrologists should be considerations for taking your profession to an extended level of accomplishment and becoming active leaders in EAC. For those without experience, there are plenty of us willing to help out and teach you the ropes and procedures. The duties of each officer are in the by-laws pages 7 through 10. Again, please do reconsider becoming active on the board.

To be nominated for a board member position, please call or email one of the below nominating committee members by October 3, 2011.

Honie Hetherrington: (949) 559-6064

Janice Bixler: (714) 526-0313 or janicebixler@gmail.com

Marlyn Palmquist, CPE: (310) 514-3377

Due to family obligations I will not be able to serve as president. I am very grateful for the board members I have been honored to work with. Each one has contributed very much to maintain the Southern Chapter.

If anyone would like more information regarding the upcoming board member positions, please call me at (909) 860-3264 or email at: aybecerra@roadrunner.com.

Sincerely yours,

Yvette Becerra, L.E., CPE

President, E.A.C., Southern Chapter

“I've learned that making a 'living' is not the same thing as 'making a life'.”
Maya Angelou

Southern California EAC Board Members

President

Yvette Becerra, CPE
22603 Birds Eye Drive
Diamond Bar, CA 91765-2410
O) 909-860-3264
aybecerra@roadrunner.com

1st VP/Program Chairman

Marci Coffey, LE
215 Daily Drive, Suite 22
Camarillo, CA 93010-5805
O) 805-383-9958
marci@marcicoffey.com

2nd VP/Membership

Marlyn Palmquist, CPE
2403 Moray Avenue, Suite 5
San Pedro, CA 90732
O) 310-514-3377
marlynpalm@msn.com

3rd VP/EAC Newsletter

Position Open

Newsletter Committee

Rochelle Freeman, CPE
7807 Nightingale Way
San Diego, CA 92123-2726
C) 619-993-6663
RockiZ@msn.com

Secretary

Micheline Foorman, LE
13109 Valleyheart Drive
Sherman Oaks, CA 91423
O) 818-784-7566
selectivscrpian@yahoo.com

Treasurer

Ivonne Pittman, LE
835 E. Clemensen Avenue
Santa Ana, CA 92705
O) 714-823-5485
beautybeneath@att.net

Trustee/Parliamentarian

Honora Hetherington, CPE
4880 Irvine Boulevard, #102
Irvine, CA 92620
O) 949-261-1951

State Representative

Patsy Kirby, CPE
PO Box 1124
Bodega Bay, CA 94923
patsykirby@comcast.net

The Trio of Relief

Solves Every Aspect of Hair Removal Discomfort



TOPOCAINE anesthetic gel is clinically proven to provide superior numbing effect, delivering Lidocaine deep into the dermis.

Clinical (double blind, placebo controlled, independent) studies have shown superior pain control, rapid onset and long lasting effect. Available in 4% & 5% lidocaine strengths.

Clear, non-oily gel. OTC, no prescription required.

QUENCH PT

Post Treatment Balm

Apply after treatments to soothe red, irritated skin with the power of:

ALLANTOIN - ALOE - ARNICA - BISABOL-
BORAGE OIL- CALENDULA- CURCUMIN-
DEXPANTHENOL- HYALURONIC ACID- LICORICE
EXTRACT (STG)- OAT EXTRACT- SOY PHYTOSTEROLS-
SHEA BUTTER- SQUALANE- WITCH HAZEL



Provides 12 botanical extracts with anti-inflammatory action to quickly soothe. Plus Curcumin to reduce hyperpigmentation; Hyaluronate, Squalane and Shea Butter to deeply moisturize. Plus Arnica extract to reduce the appearance of swelling and bruising.

Apply QUENCH PT® after skin treatments to quickly soothe the skin for a balming effect.

MADE WITH ORGANIC INGREDIENTS

Bump & Blemish

SOLUTION FOR ALL HAIR REMOVAL
COMPLICATIONS

- **Razor Bumps**
(Pseudo Folliculitis Barbae or PFB)
- **Razor Burn • Ingrown Hairs**
and associated
- **Dark Spots**



Bump & Blemish® comes in two convenient roll-on sizes, 4 Oz and 0.4 Oz, for easy application.

Twice daily use keeps the skin clear and even toned, free of razor burn, ingrown hairs and razor bumps.

TRIPLE ACTION Bump & Blemish® exfoliates, brightens and soothes the skin.

The key ingredients are Salicylic Acid, Acetyl Salicylic Acid, Curcumin, Oxy Resveratrol and Alpha Arbutin.



Excellent products for both office use and for resale.
By ESBA Laboratories
A trusted name in the hair removal industry

1-800-677-9299
www.esbalabs.com



Did You Know?

Customized Briefing for Randall Hrabko, MD, FAAD
June 28, 2011

Vitamin D, Calcium Supplements May Lower Melanoma Risk For Some Women.

Reuters (6/27, Pittman) reported that taking a vitamin D and calcium supplement may help some women reduce their risk for developing melanoma, according to a study in the *Journal of Clinical Oncology*. Researchers analyzed medical data from roughly 36,000 women between the age 50 and 79, were randomized to either take both calcium (1,000 mg) and vitamin D3 (400 IUs) supplements or placebo, daily for seven years. The study team found that women who previously had non-melanoma skin cancer were less likely to get melanoma, if they were in the calcium and vitamin D group.

HealthDay (6/27, Reinberg) reported that the women taking the supplements who had had previous non-melanoma skin cancer reduced their risk of developing melanoma "by 57 percent," compared with women taking the placebo supplements. The study's lead author "speculated that cancer cells lurking in the skin of women who have had a previous skin cancer may be waiting to develop into melanoma. 'But if they take calcium and vitamin D that reduces the risk of developing an actual tumor,' she said." Although the US Institute of Medicine "recommends 600 IU of vitamin D" daily, the findings indicated that as little as 400 IU "may be protective," she added.

The difference between D2 & D3 is that D2 is metabolized to D3. D3 is better absorbed. Apparently some controversy exists if oral D2 is an adequate substitute for D3 but D2 is the form that is available by prescription at 50,000 units. This dose is usually once a month for maintenance and if the patient is found to be low, and most people are, it may be given more often until blood tests are normal. D3 is made in the skin from UVB exposure. D3 gets hydroxylated in the liver to 25(OH)D. Mostly it is D3 in the OTC form." This site has a lot of information:

http://en.wikipedia.org/wiki/Vitamin_D

Jekyll & Hyde

Jekyll and Hyde? Seriously, how can that possibly relate to electrology? But, it does.



In the classic Robert Lewis Stevenson novel, the kindly Dr. Jekyll is transformed into the monstrous Mr. Hyde by ingesting a chemical concoction. Such radical transformation of cells happens all the time in our bodies, and specifically in the wound-healing module.

After the skin is injured, as with our electrolysis "burn," the elaborate inflammation process takes place and the wound-module is rapidly established. The giant "eating cells," called macrophages, are key players that ingest foreign matter, bacteria, viruses and dead tissue at the wound site. But, when the wound takes place, there is a critical deficiency of macrophages because they are dispersed throughout the skin; not concentrated at the wound. So, how does the body get more macrophages to the critical area?

It's transformational! Inflammation-causing chemical mediators cause blood vessels at the wound site to expand so much that blood cells "leak out" into the area. These, white blood cells start working on the area, but are not as aggressive as macrophages. However, certain white cells, called monocytes, go through a metamorphosis. As the monocytes start scavenging the debris, chemicals in the cell body transform the monocyte into a giant macrophage. In this way the body brings lots of "big eating cells" into the wounded area. It's just like Dr. Jekyll transforming into Mr. Hyde. Except that, in this case, Mr. Hyde is a good guy! ❖

"Future of Electrolysis"



Elaine Stoddart

Sterex Electrolysis International, Ltd. was the instigator of the first individual packed sterile Electrolysis needle which continues to lead the field

as the best selling two piece needle in the world. Elaine Stoddart, CIBTAC, IHBC, is their Director of Education & PR. Elaine has trained many medical practitioners including Surgeons, Doctors, Nurses and Therapists in Electrolysis and Advanced Electrolysis/Cosmetic Procedures, and she pioneered the development of the first Transgendered electrolysis course in the UK. A published author and international speaker in Electrolysis and Advanced Electrolysis/Cosmetic Procedures, she is on the Expert panel of BABTAC (British Association of Therapists & Cosmetologists), a member of the City & Guilds NAC (National Advisory Committee) and an Associate member of the RSM (Royal Society of Medicine).

Is there a future for Electrolysis?

Hair removal is a multi-million pound industry with hair removal treatments always top of the agenda. Not content with temporary methods, consumers demand lasting and effective results.... results that electrolysis can promise and deliver! Electrolysis is a brilliant stand alone, modern and affordable treatment and with improvements in technology has become a more

comfortable and gentle treatment, even more effective and increasingly popular today.

Electrolysis also complements Laser and/or IPL treatments and together they make the perfect combination offering speed of treatment with the added benefit of permanency. Electrolysis with its versatility of being able to treat ALL hair types and colors as well as ALL skin types and colors ensures that no client will ever need to be turned away.

The future of electrolysis looks brighter than ever and I believe there are a number of factors involved with this reawakening and resurgence in popularity of our beloved skill:

Market Positioning and Audience

The profession of Electrolysis is just that 'professional' and very much in touch with reality. We don't market and advertise our product focusing on young, nubile, sexy females thrusting their 'hair free' body parts at the camera (incidentally with absolutely no evidence of any cellulite!). No, electrolysis is real... we concentrate on results. Unreal, unrealistic images are portrayed in the press for other hair removal methods. I feel the consumer is wising up and returning to the perceived 'old fashioned' market positioning and image of electrolysis, which is the only permanent hair removal method that delivers exactly what it promises - permanence.

Recession

Perhaps the world wide recession has had a part to play in the

resurgence of electrolysis with the population returning to many of our 'ancient' values such as 'home' cooking, mending broken items and not throwing out clothing worn but once or twice. This trend is growing, and with it the benefits of our beloved, reliable, effective and worthwhile electrolysis is being reconsidered and favourably re-evaluated by the consumer.

Versatility and Diversity

From one simple machine electrolysis offers a diverse range of methods and treatments. There will always be **one** of the **many** methods of epilation suitable for a particular client, as electrolysis offers effective permanent hair removal for **ALL** skin and hair types and colors, which no other hair removal system can offer. It provides the answer across the spectrum, i.e., from the consumer with mild hirsute concerns through to the transgender client wanting Gender Reassignment Surgery and requiring many hours of genital work. The consumer has realized the limitations of other hair removal methods and is re-embracing the versatility of electrolysis.

What the electrologists say:

'There is not a day that goes by when we do not have an electrolysis client. The difference it has made to so many peoples lives by having this treatment is amazing. I often treat 7 people a day and that's personally - not even counting the other 5 therapists at my salon. It is wonderful to see the confidence people gain from having this treatment. It can make them a new person.'

continued on page 7

continued from page 6

Ann Marie Price, 'Elizabeth Anne' Salon, Wales '.....electrolysis is far from a 'dying art'. It is the mainstay of my 20 year old business in Glasgow city centre employing 9 staff. We are open 7 days a week and around 80% of our workload is electrolysis. My clinic offers IPL treatment, as well as electrolysis, but we still have much more demand for electrolysis.' Helen Graham 'About Face', Electrolysis, IPL & Beauty Clinic, Glasgow, Chairman British Institute & Association of Electrolysis (BIAE) (2006-2008)

'My business wouldn't exist without Electrolysis. 80% of my clientele start with me because they need Electrolysis. Not everyone is suitable for IPL or Laser or can afford to have these treatments. I have also taken on clients who have had "Laser" and after several months have come to me as their hair has returned. Most distressing for the clients when you've been assured that the treatment is finished and you are hair free!! Electrolysis will always be needed.....' Mandy Painting, 'Beauty Gallery' Suffolk (Chairman BIAE (2009 – 2011))

The Future

Electrolysis has moved on since 1875! Methods, equipment, needles and products have developed over the years and now offer the very best technology available today. Electrolysis is now a sophisticated, versatile, effective and comfortable treatment.

The art of Electrolysis is difficult, it requires a great deal of practice, dedication, dexterity and skill,

professionalism, empathy and compassion and we, the electrologists are the experts. Electrolysis is alive and well, being performed in hundreds of thousands of salons and clinics throughout the world to hundreds of thousands of satisfied customers! Electrolysis is experiencing a massive resurgence in popularity because it delivers exactly what it promises – permanence. Let us recognize and embrace that with open arms and ensure we are ready with up-to-date training and CPD.

So is there a future for Electrolysis? Yes... most definitely there is.

Sterex Electrolysis International Limited. Tel 44 (0)121 708 2404 Email: training@sterex.com. Sterex needles and products are available in the USA from all leading distributors. Visit our website www.sterex.com for details of USA distributors. ❖

Complete Insurance For The Entire Day Spa

✓ Massage/Body Wrap	✓ Professional Liability
✓ Cosmetology	✓ Premises Liability
✓ Aesthetics	✓ Property Coverage
✓ Micropigmentation	✓ Medical Expenses
✓ Tattoo/Body Piercing	✓ Fire Legal Liability
✓ Electrolysis	✓ Property in Transit
✓ Microdermabrasion	✓ Loss of Income

We have it!

**Dependable
Insurance
Since 1922**

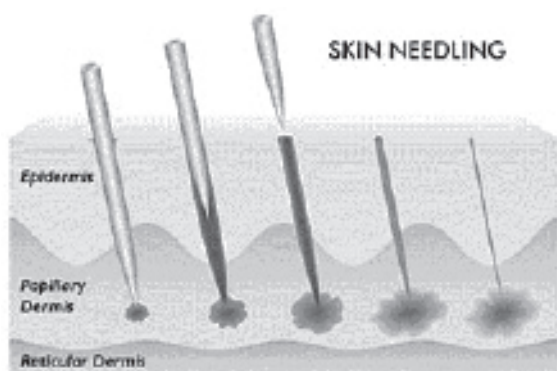


**Marine
Agency
Corporation**

1-800-763-4775
www.marineagency.com
e-mail: information@marineagency.com
California License # 0645476

Skin Needling

by Mike Bono, L.E.



A casual conversation with one of my patients introduced me to a relatively new upcoming treatment. My prediction is that this one is going to be “big.” Bigger than microdermabrasion and permanent makeup! Maybe even beating out “resurfacing lasers!” With my basic understanding of wound-healing and collagen remodeling, this “new” treatment stunned me because I can’t understand why it hasn’t been “discovered” before. This one is based on real science and, well, it just can’t miss.

All the various treatments to minimize wrinkles are based on selective skin injury. Such injury “kicks up” the healing process and ultimately stimulates fibroblasts to remodel the skin’s collagen. Chemical mediators do exist in the epidermis (only as thick as a piece of paper) that will somewhat call forth the healing process. Indeed, this is what microdermabrasion is trying to do, but in my opinion it’s not successful — except to cause temporary edema, which gives the client the impression of fewer wrinkles. See, if I slap you hard in the face, your face turns a nice rosy color, swells up a bit and your wrinkles puff up. Retin-A, pretty much does the same — although there are long-term benefits, if you

don’t mind prolonged skin sensitivity and flaky skin.

However, for real remodeling you need to go deeper. True dermabrasion removes the epidermis and a good portion of the dermis (it’s a bloody procedure). Although the skin gets somewhat thinner, deep scars (acne) are beautifully remodeled. “Resurfacing” lasers are similar, but less invasive — chemical peels, again, are less invasive. Still, they all aim for the same result: inducing the skin to rebuild itself into a better more beautiful structure. And now, “dry needling!” I’m amazed at the potential.

(Here’s a question for the Hairtell folks: If the entire epidermis is removed during a dermabrasion procedure, how does the epidermis grow back?)

Okay, back to our story: Clinically, a physician noticed that scars seemed to be minimized by permanent (makeup) tattoos! Experimentation showed that using a tattoo machine without ink engendered the same result! Presently there are several kinds of instruments that will accomplish this “needling effect.” There are little needle rollers and needle stamps — but my choice is for the full tattoo-type machine that will really get in and stir things up. What I like especially is that the skin is not being removed at all and there are no chemicals used — and no burning laser. It’s a very “natural” procedure. Our skin has evolved for millions of years and it knows exactly what to do with a “puncture wound!” (Microdermabrasion, by the way, causes facial telangiectasia!)

Promoters of such needling devices say that they are only “needling the epidermis”... but this is absolutely not the case. As you know, the epidermis is bloodless. And even in their promotional literature they show that the skin gets pretty bloody from the procedure. Bloody? Well, that’s why I like the treatment! Since they are (actually) going where the normal tattoo needle goes, they are going to have a magnificent result. That is where you need to be! The entire healing process is going to get started, fibroblasts are going to remodel the collagen layer and wrinkles and scars are going to be “filled.” — long-term or permanently; it just can’t miss.

The big danger, of course, is for potential infection. Pre-op skin preparation absolutely must be followed to avoid serious problems. I suppose tattoo artists are following appropriate procedures, but I can’t imagine the horror if the patient already had staph on their skin and then got “needled.” Of course, reported infections from tattoo and permanent makeup is remarkable low — so, this will probably not be a big concern. (I would even go the full Betadyne or Hibiclen pre-surgery prep.) Certainly, as this treatment gets rolling, Health Authorities will develop clinical protocols to follow. I’m sure this treatment is going to find itself in the offices of estheticians and, in California, our State Board will have multiple heart attacks and strokes trying to regulate the procedure. This technique is going to work and it will rival the best laser treatments. This is going to be a case of “low tech” beating out “high tech.” It’s coming folks and (maybe) you heard it here first?

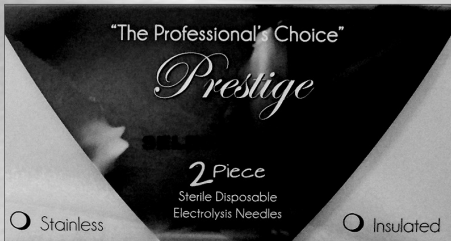




For beautiful results...

Choose

Prestige **“SELECT”**



2-piece Electrolysis Needles

- Available in Stainless & Insulated
- F-shank, 50 needles per box
Sizes 01, 02, 03, 04
- Compare to Protec Stainless & Isogard
- More rounded tip for ease of insertion
- Hospital grade teflon insulation on “SELECT” insulated
- Sterile for 5 full years from processing date
- Single use, individually packaged
- Competitively priced
- Samples available

Special Introductory Offer
20% OFF regular price
Free Shipping over \$100

“The Professional’s Choice”

Prestige Electrolysis Supply, Inc.
1 (800) 783-7403
www.prestigeelec.com

DON'T BE MISLED BY FALSE CLAIMS

Some hand sanitizers and antiseptic products are making claims that they can prevent MRSA infections.

FDA is cracking down on companies that break federal law by promoting their products as preventing MRSA infections and other diseases without agency review and approval.

"Consumers are being misled if they think these products you can buy in a drug store or from other places will protect them from a potentially deadly infection," says Deborah Autor, compliance director at FDA's Center for Drug Evaluation and Research.

Consumers should watch out for unproven product claims, whether they buy a product from a retail store or through the Internet.

Examples of unproven claims found on product labels are:

- kills over 99.9% of MRSA
- helps prevent skin infections caused by MRSA and other germs
- is effective against a broad spectrum of pathogens, including MRSA

One company claims that its hand sanitizing lotion prevents infection from the bacterium *E. coli* and the H1N1 flu virus. And another firm claims its "patented formulation of essential plant oils" kills the bacterium *Salmonella*. These claims are also unproven and, therefore, illegal.

The FDA has not approved any products claiming to prevent infection from MRSA, *E. coli*, *Salmo-*

nella, or H1N1 flu, which a consumer can just walk into a store and buy. "These products give consumers a false sense of protection."

On April 20, 2011, FDA issued Warning Letters to four companies that make or distribute the following products that can be bought over-the-counter (without a prescription):

- Staphaseptic First Aid Antiseptic/Pain Relieving Gel, by Tec Laboratories
- Safe4Hours Hand Sanitizing Lotion and Safe4Hours First Aid Antiseptic Skin Protectant, by JD Nelson and Associates
- Dr. Tichenor's Antiseptic Gel, by Dr. G.H. Tichenor Antiseptic Co.
- Clean Well All-Natural Hand Sanitizer, Clean Well All-Natural Hand Sanitizing Wipes, and Clean Well All-Natural Antibacterial Foaming Hand Soap, by Oh So Clean Inc., also known as CleanWell Company

Ask your pharmacist or other health care professional for help in distinguishing between reliable and questionable information on product labels and company websites.

In general, wash hands often, especially before and after each client, when handling food, to help avoid getting sick. Wash hands with warm water and soap for 20 seconds. ❖



SOME COMMON SUN-SENSITIZING DRUGS THAT CAN IRRITATE SKIN

Antibiotics

- ciprofloxacin (Cipro, Cipro XR, Proquin XR, levofloxacin, Levaquin)
- tetracyclines (Achromycin), doxycycline (Vibramycin, Oracea, Adoxa, Atridox & others)
- sulfonamides syfmetoxazole, trimethoprim, cotrimoxazole (Bactrim, Septra) sulfamethoxazole (Gantanol)

Antihistamines

- diphenhydramine (Benadryl)

Anti-microbials

- chlorhexidine (Peridex)
- hexachlorophene (Phisohex, Septisol)
- dapsone (DDS)

Cancer chemotherapy drugs

- 5-fluorouracil (5-FU, Efudec Carac, Fluoroplex)
- vinblastine (Velban, Velsar)
- dacarbazine (DTIC-Dome)

Cardiac drugs

- amiodarone (Cordarone)
- nifedipine (Procardia)
- quinidine (Quinaglute, Quinidex)
- diltiazem (Cardizem, Dilacor, Tiazac)

Diuretics

- furosemide (Lasix)
- thiazides hydrochlorothiazide (Hydrodiuril)

Fragrances

- Musk
- 6-methylcoumarine
- Sandalwood

Painkillers NSAIDs

- Celecoxib (Celebrex)
- Ibuprofen, naproxen, ketoprofen, piroxicam

Sunscreens

- para-aminobenzoic acid (PABA)
- oxybenzone
- cyclohexanol
- benzophenones
- salicylates
- cinnamate



Information from the FDA website:

usa.gov

Meeting all your Electrolysis needs and more for over 20 years

TEXAS ELECTROLYSIS SUPPLY



TES is one of the biggest supply companies with over 800 items
in stock ready for *immediate* delivery!

Best Price!! Biggest Selection!! Fast Delivery!!

**Our promise to our valued customers: To provide Top Quality
Products at the Lowest Price!**

WE MANUFACTURE NEEDLE CORDS & FOOT PEDALS!

**WE MAKE SURE YOU GET THE RIGHT EQUIPMENT
FOR THE RIGHT MACHINE!**

TexasElectrolysisSupply.com

1-800-626-6025

**We Accept: Visa, Mastercard, Discover, & American Express
Call Today for your FREE Catalog!**

16627 Sealark Rd. Houston TX 77062, 281-486-5617

FAX: 281-486-7306 Toll Free 1-888-508-8508



INSULATED

Sterile Disposable Electrolysis Needle

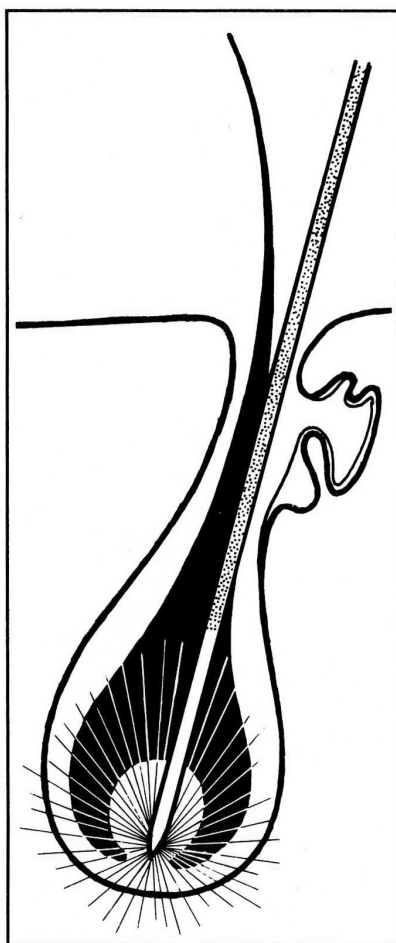
Why Insulated?

The new Ballet Insulated Sterile Disposable Electrolysis Needle concentrates electro-coagulation around the tip of the needle – away from the sensitive surface layer of the skin. Reduction in surface trauma means a more comfortable treatment for your client – with less unsightly irritation.

Although no tool will replace correct technique, an insulated probe does offer protection to the upper dermal layers, markedly reducing the risk of scarring during possible over-treatment.

Proper insertion is vital for good results in any type of electrolysis treatment, but it is especially critical with insulated probes.

The Ballet Insulated needle, with *graduated insulation*, reduces the risk of position problems by increasing the length of the bare needle tip for each larger needle diameter. This ensures that the critical lower part of the follicle is destroyed along with the papilla.



Why Ballet?

The Ballet Insulated needle solves the problems that have plagued users of traditional insulated needles. Ballet's reasonable price allows electrologists to dispose of the needle after each treatment. Enjoy the safety of a disposable, and an end to worries about damaging the coating during cleaning and sterilization.

(Note: The Ballet Insulated needle should not be re-sterilized. Please safely discard needles after one use only.)

The medical-grade EPP insulation, developed and used for dental inserts, will not flake or chip off the needle as you work. The insulator's surface is extremely smooth, guaranteeing easy and comfortable insertions.

Should you desire to use the Ballet Insulated Sterile Disposable Electrolysis Needle for Blend or Galvanic treatments, rest assured that the insulation will withstand the effects of lye for even the longest treatments.

The comfort of an insulated needle with the peace of mind of a disposable

TOLL FREE from anywhere in the U.S. and Canada: **800-535-7707**

Synoptic Products

336 Baker Avenue, Concord, MA 01742

California State Board of Barbering & Cosmetology Meeting

Department of Consumer Affairs
April 25, 2011, Sacramento, CA 95834
Patsy Kirby, CPE, State Representative



Board Members Present

Richard Hedges, Public Member,
President

Dee Dee Crossett, Industry Member

Marie Lemelle, Public Member

Frank Lloyd, Public Member

Christie Truc Tran, Industry Member

Staff

Kristy Underwood, Executive Officer

Hilda Youngblood, Asst. Exec. Officer

Gary Duke, Staff Counsel

President Hedges Report:

Hedges thanked the Past Board members for their commitment and knowledge they brought to the Board.

He also attended Skyline Community College Advisory Board meeting and was very impressed with the committee members that support the school.

Hedges, wants to update the BBC Strategic Plan. He has attended monthly Task Force meetings. He's gone on many rides with inspectors, and feels the inspectors put themselves in harms way. Many of the inspectors work two jobs to support their families. He would like to see inspectors get a pay increase. The department will review inspector's job descriptions.

Elections of New Board Officers:

President:

Dee Dee Crossett,

Industry Member

Vice President:

Christie Tran

Industry Member

Kristy Underwood

Executive Officer Report:

Ms. Underwood thanked Mr. Hedges for his support as President.

The department is pursuing a contract for the administration of practical exams. The Department has contracted with a private collection agency to collect past over-due fines. The agency has been successful in collecting past due fines.

The department was able to hire three new staff members to help with applications, pre-applications and scheduling of exams. The BBC continues to give exams for cosmetology at the State Prison in Chowchilla, CA, 30-exams were given and 15 inmates have passed. The exams are scheduled close to the inmates being paroled.

Legislation Update

AB 797-Cosmetology Schools exempts cosmetology schools from the California Private Postsecondary Education Act of 2009. The bill has not been heard in committee and at this time is not moving. SB 498-Bureau for Private Postsecondary Education. This bill abolishes the current BPPE and would transfer the bureau's power and duties to the California Postsecondary Education Commission. This bill has not been heard in committee.

Kim Kirchmeyer

DCA Deputy Director:

Updated the Board on relevant activities of the DCA. Enforcement

improvements are being made to streamline the process. Because of Governor Brown's Executive order limiting vehicle use for state employees, a storage permit and purpose of needing a car is being reviewed. Storage permits are for cars that are driven home. BBC inspectors need a permit to take their state car home.

The Breeze Project (DCA website), Ms. Kirchmeyer thanked Ms. Underwood for assistance. The DCA is accepting requests for salary increases for executive officers. The BBC can submit a request and an evaluation report for the executive officer pay increase. She also thanked the Ms. Crossett for going green by using her computer to download the BBC packet instead of having one printed up and mailed.

Electrology Examination

Applications Received:

July–Sept., 7, Oct.–Dec., 8,

Jan.–March, 8. Year to date 23.

Licenses Issued:

July–Sept., 2, Oct.–Dec., 3,

Jan.–March, 2. Year to date 7.

Practical Exams:

No exams were given for electrology.

Written Exams:

January thru March, 2011, 1 exam given and candidate passed.

continued on page 14

Enforcement Statistics

July-Sept, 1 electrologist received a citation. Year to date 1.

Needle-Tip Tweezers

A discussion on the use of needle-tip tweezers took place and the Board feels they could not regulate the use of needle-tip tweezers. Patsy Kirby, CPE, showed examples of tweezers to the Board members and a photo showing how the tweezers were used. Lydia Justice, CPE, made a comment to the Board.

Manicuring Technical Advisory Committee Report:

Nail Files-Disinfectable

The Board discussed the use of files. Citations are given when porous nails are disinfected and re-used. There is no scientific proof that porous files can be disinfected. It is up to the manufacture of the files to conduct tests to determine if the files are disinfectable. Until there is proof the Board must continue to protect the consumers by appropriately citing for items that have not been disinfected and are being used on consumers.

Contaminated Nail Liquids and Nail Powders:

The Board discussed acrylic nail liquids and acrylic nail powders that appears to be dirty. This is cited as a violation of 988 (a) (containers must be clean) and 988 (c) (products can be used in a way to not contaminate the remaining portion). The question raised is whether or not the bacteria can grow in nail liquid and nail powder. Tests are currently being conducted on nail powder and nail UV gels. It is anticipated that these tests will also show that bac-

teria can not grow in these products. This will mean that when “double-dipping” occurs in acrylic nail powder and the powder forms lumps, the powder should not be considered contaminated. The report should be out by the end of summer 2011.

The Board is doing research on contaminated wax. It is believed that bacteria can grow in wax and the Board is citing correctly when contaminated wax is found.

Foot Spa Liners

The Board discussed the use of liners in foot spas. Currently, there is no provision in the regulations for the use of liners. Therefore, each step that is defined in regulations for cleaning and disinfecting of foot spas must be completed.

Prohibited Substances

Board inspectors often find products that contain ingredients that may or may not be prohibited. Inspectors will take photographs of the product and staff will then conduct research to determine if the ingredients are acceptable for use in a license establishment. The Cosmetic Ingredient Review Expert determined in 2002 that ethyl methacrylate is safe as used when application is accompanied by directions to avoid skin contact because of its sensitizing potential (that is, the possibility that a person might develop an allergy to this material). The Board decided to update section 989 of the California Code of Regulations and will set specific limit on ingredients; however, further research by staff will be needed. Ingredients prohibited are Methyl Methacrylate (MMA) and Methyl Methacrylate Monomer (MMM).

Medical Pedicure

The Board discussed the current trend of doctors hiring manicurists to perform medical pedicures. There has been some misconception that if a manicurist is working for a medical doctor/doctor of podiatry that they can perform medical pedicures. There is no license issued for a medical pedicure. The BBC manicuring industry is governed by the Board and shall adhere to the Board's Laws and Regulations when performing manicuring services in any facility within the State. Any licensed manicurist shall not use razor-edge tools or other instruments to remove calluses. Callus removal is not within the manicurist scope of practice and shall not be performed by a manicurist in the State of California. Manicurists can smooth but not remove a callus. Callus removal is a medical procedure.

Detox Foot Spas

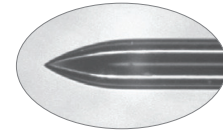
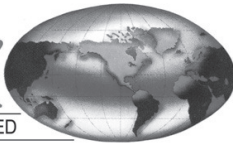
Detox Foot Spas are being marketed to Board licensees. These foot spas claim to cleanse the body of impurities and also claim to treat various health conditions. The Board discussed the fact that the claims associated with these detox services are of a medical nature and therefore are not within the scope of any board licensee.

For additional detailed information log onto the BBC website:
www.barbercosmo.ca.gov

EAC Southern Chapter will be holding their next meeting in Early February, 2012. Please watch for further details in the January issue of the newsletter and on our website under Meetings.

STEREX

ELECTROLYSIS INTERNATIONAL LIMITED



www.sterex.com

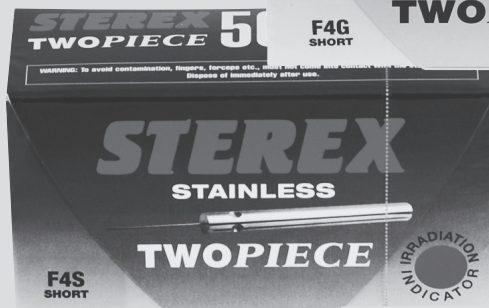
STEREX quality is renowned throughout the world. The image shown is of a magnified probe point.

The World's leading manufacturer of America's best value TwoPiece probe

Out of the Ordinary!



STEREX also produce a wide range of accessories and wet products.



All STEREX probes are pre-sterilized

Distributors

Prestige Electrolysis Supply Inc Toll Free **1-800-783-7403** www.prestigeelec.com

Texas Electrolysis Supply Toll Free **1-800-626-6025** www.texaselectrolysisupply.com

The Instrantron Company Toll Free **1-800-886-6141** www.instrantron.com

CLAREBLEND

Electrolysis
Microcurrent
Telangiectasia
Teeth Whitening
LED Light Therapy



**Exclusive
Skin Care Products**

*Diversify Your Business
With Each System!*

*ELEGANCE
JEUNESSE
SKIN SYSTEM
SERENITY TW
LUMA PROBE*

Total Body Care At Your Fingertips

New Age Technology
For The New You!



CALL TODAY!
1-800-334-7126
WWW.CLAREBLEND.COM

ELECTROLOGISTS' ASSOCIATION OF CALIFORNIA

LECTURES "By the Sea" MONTEREY BAY

.6 CEUs

September 24 & 25, 2011

EAC Northern Chapter will be hosting a Non-CEU "Open Forum". Our regular membership meeting with CEUs is at the "Casa Munras Hotel & Spa", 700 Munras Ave, Monterey, CA 93940



For Hotel Reservations call: (831)375-2441

EAC reduced room rate of \$139. per night. Rate has been secured for 3 days prior & 3 days after the event.

Be sure to identify that you are with the Electrologists' Assoc. of California.

Make your hotel reservations now, cut off date is: Wednesday, August 24, 2011

Register for meeting online at: www.electrologycalifornia.org

September 24, 2011 Deadline for registration is September 15, 2011 Registration Fee: \$35.00

"Open Forum" Non-CEU Meeting

Schedule for September 24, 2011 Deadline for registration is September 15, 2011 Registration Fee: \$35.00

11:30 AM – 12:00 PM Registration

12:00 PM Lunch & Open Forum (will be in the same room)

12:45 PM – 3:30 PM "Open Forum" Electrologists talking with Electrologists.

September 25, 2011:

Member fee is \$75.00 per person; Non-members \$95.00; Students: \$70.00; Spouse: \$ 70.00

At members request we are offering a longer meeting with .6 CEUs.

Schedule for September 25, 2011

8:30 AM – 9:00 AM Registration, Continental Breakfast

9:00 AM – 9:50 AM General Meeting

10:00 AM – 12:00 PM Dr. Lisa Hunt, DO: "Bio-identical Hormones and Aging"

12:00 PM – 1:15 PM Lunch

1:30 PM – 2:30 PM Loretta Maxwell, CPE: "Giving a Thorough Consultation to a New Client"

2:30 PM – 3:30 PM Mark Berlin: "Long Term Care Insurance"

3:30 PM – 3:45 PM Break - Cookies and Brownies

3:45 PM – 5:45 PM Kathryn S. Hartman, REHS: "Bloodborne Pathogens & Infection Control for Electrologists."

Certificate given at end of lecture.

PLEASE SEE PAGE 18 FOR REGISTRATION!



Deadline for Hotel Reservations is August 24, 2011

Please include registration and CEU charge in one check payable to: EAC/NC
Mail to: Trish Eley, CPE, 660 Haywire Ranch Road, Meadow Vista, CA 95722

Please check all that apply:

Saturday, September 24, 2011 Open Forum

EAC Member \$35.00; Non-Member \$35.00; Student \$35.00; Spouse \$35.00; Vegetarian Lunch

Name _____

Address _____ City _____ St _____ Zip _____

Phone # _____ Email _____

Sunday September 25, 2011

EAC Member \$75.00; CEUs EAC/AEA Member \$10.00 CPE # _____

Non-Member \$95.00; CEUs Non Member \$20.00 CPE # _____

Student \$70.00; Spouse \$70.00, Vegetarian Lunch

Name _____

Address _____ City _____ St _____ Zip _____

Phone # _____ Email _____

Questions? Contact: Patsy Kirby, CPE, 707-777-5315 or email:patsykirby@comcast.net

Thermogram No Substitute for Mammogram

The FDA is alerting the public, including women and health care providers, that thermography is not a replacement for screening mammography and should not be used by itself to diagnose breast cancer. The FDA is not aware of any valid scientific data to show that thermographic devices, when used on their own, are an effective screening tool for any medical condition including the early detection of breast cancer or other breast disease.

Public health agencies and national medical and professional societies agree with FDA that mammography is still the most effective method of detecting breast cancer in its earliest, most treatable stages. These organizations include the American Cancer Society, the American College of Radiology, the Centers for Disease Control and

Prevention, the National Cancer Institute, and the Society for Breast Imaging.

Certain facilities, websites, and mobile units are promoting the use of thermography as a stand-alone evaluation tool for screening and diagnosing breast cancer, claiming that is a substitute for or superior to mammography. They also claim that thermography can detect pre-cancerous abnormalities and diagnose breast cancer long before mammography and that compressing the breast during mammography will cause or spread cancer by pushing cancer cells into additional locations in the body. The FDA is concerned that women will believe these misleading claims about thermography and not receive needed mammograms.

Recommendations to Women:

- Have regular mammograms according to screening guidelines or as recommended by your health care provider.
- Follow your health care provider's recommendations for additional breast diagnostic procedures such as various mammographic views, clinical breast exam, breast ultrasound, MRI or biopsy; additional procedures could include thermography.
- Remember that thermography is not a substitute for mammography and should not be used by itself for breast cancer screening or diagnosis.

June 2011 FDA www.fda.gov

HAZARD ALERT

Hair Smoothing Products That Could Release Formaldehyde

The Occupational Safety and Health Administration (OSHA) and several State OSHA programs are investigating questions and complaints from hair salon owners and workers about possible formaldehyde exposure from using Brazilian Blowout and other hair smoothing products. Some of these products have been labeled as “formaldehyde-free.” Oregon’s Occupational Safety and Health Administration, California’s Occupational Safety and Health Administration, the Connecticut Department of Public Health, and several other state agencies have already issued warnings about these products to salon owners, stylists, other salon workers, and clients. This Hazard Alert provides information about OSHA’s investigations, the health hazards of formaldehyde, and how to protect workers using hair smoothing products that contain or release formaldehyde.

What have OSHA’s investigations found?

Federal OSHA and State OSHA programs are investigating complaints from stylists and hair salon owners about exposure to formaldehyde while using GIB LLC dba (doing business as) Brazilian Blowout products and other hair smoothing products. OSHA has found formaldehyde in the air when stylists use hair smoothing products. Some had “formaldehyde-free” on the label or did not list formaldehyde on the product label or in the Material Safety Data Sheet (MSDS). During one investigation, Federal OSHA’s air tests showed formaldehyde at levels greater than OSHA’s limits in a salon using Brazilian Blowout Acai Professional Smoothing Solution, even though the product was labeled “formaldehyde-free.” In most cases, OSHA found that hair salon owners did not know that a hair smoothing product contained or could expose workers to formaldehyde because manufacturers, importers, and distributors did not include the correct warnings on product information. California OSHA recently found violations at one importer and distributor, GIB LLC dba Brazilian Blowout, that failed to list formaldehyde as a hazardous ingredient on the MSDS provided to downstream users (e.g., salon owners, stylists) for two products: Brazilian Blowout



Acai Professional Smoothing Solution and Brazilian Blowout Professional Brazilian Blowout Solution.

The MSDS also did not list the health effects from formaldehyde exposure. The MSDS is required to provide users information about the chemicals in a product, the hazards to workers, and how to use a product safely.

The first reports about formaldehyde in hair smoothing products surfaced when Oregon OSHA investigated a complaint from a hair stylist who had nosebleeds, eye irritation, and trouble breathing while using a Brazilian

Recent reports from Oregon OSHA, California OSHA, and now Federal OSHA should alert salon owners and stylists to look closely at the hair smoothing products they are using to see if they contain methylene glycol, formalin, methylene oxide, paraform, formic aldehyde, methanal, oxomethane, oxymethylene, or CAS Number 50-00-0. All of these are names for or treated as formaldehyde under OSHA’s Formaldehyde standard. Products containing them can expose workers to formaldehyde; employers who manufacture, import, distribute, or use the products must follow OSHA’s formaldehyde standard.

Blowout product labeled "formaldehyde-free." After testing the product, Oregon OSHA found that the product contained formaldehyde, a chemical that can cause the health problems reported by the stylist. Oregon OSHA tested more than 100 samples of keratin-based hair smoothing products and found formaldehyde levels in some products well above what could legally be labeled as "formaldehyde-free." In addition to the Brazilian Blowout products, Oregon OSHA found that other manufacturers, importers, and distributors of hair smoothing products also had not listed formaldehyde or included hazard information on the label or in the MSDS. Based on these findings, Oregon OSHA published a Hazard Alert and a full report in October 2010. Oregon OSHA also alerted Federal OSHA and State OSHA programs where the products were manufactured, imported, or distributed because the hazard information for the product was not correct and did not meet the requirements of OSHA's Hazard Communication standard (29 CFR 1910.1200 or State equivalent).

OSHA continues to work with other agencies (e.g., Food and Drug Administration, National Institute for Occupational Safety and Health) to look at formaldehyde exposures in other salons and to make sure that workers and the public have correct information about these products. More information on the background and reports from OSHA can be found on OSHA's webpage at www.osha.gov or by contacting OSHA at 1-800-321-OSHA; TTY: 877-889-5672.

What is formaldehyde and how can it affect my health?

Formaldehyde is a colorless, strong-smelling gas that presents a health hazard if workers are exposed. You can be exposed to formaldehyde if you breathe it into your lungs, if it gets into your eyes, or if it is contained in a product that gets onto your skin. You can also be exposed accidentally if you touch your face, eat food, or drink after using a product containing formaldehyde without first washing your hands. It can irritate the eyes and nose, and cause coughing and wheezing. Formaldehyde is a "sensitizer," which means that it can cause allergic reactions of the skin, eyes, and lungs such as asthma-like breathing problems and skin rashes and itching. When formaldehyde is in a product that gets sprayed into the eyes, it can damage the eyes and cause blindness. It is also a cancer hazard. Formaldehyde is a health hazard, whether in a product or in the air. OSHA's Formaldehyde standard, 29 CFR 1910.1048, covers employers who use formaldehyde and products that contain or release formaldehyde. (OSHA has also published a formaldehyde fact sheet).

Why do some hair smoothing products expose me to formaldehyde?

Many keratin-based hair smoothing products contain formaldehyde dissolved (and chemically reacted) in water and other ingredients in the product. Because of the way the formaldehyde reacts in these products, some manufacturers, importers, or distributors might list other names for formaldehyde on product information or might claim that the product is "formaldehyde-free." Formaldehyde might be listed as methylene glycol, formalin, methylene oxide, paraform, formic aldehyde, methanal, oxomethane, oxymethylene, or CAS Number 50-00-0. All of these are names for formaldehyde under OSHA's Formaldehyde standard. The bottom line is that formaldehyde can be released from hair smoothing products that list any of these names on the label and workers can breathe it in or absorb it through their skin. Workers can be exposed to formaldehyde during the entire hair straightening process, especially when heat is applied (e.g., blow-drying, flat ironing).

How would I know if the product I'm using could expose me to formaldehyde?

Read the product label and MSDS to determine if they list methylene glycol or any of the other names for formaldehyde listed above. If they do, the product can expose you to formaldehyde. Under OSHA's Hazard Communication standard, salon owners and other employers must have an MSDS for each product used in the salon that contains a hazardous chemical. Employers need to review the MSDSs they receive and make sure they understand the hazards of the products they use in their salon(s). They must also make the MSDSs available to their workers (e.g., stylists) and train all workers using the product about the hazards and how to use it safely. If employers do not receive an MSDS automatically, they should request one. If the MSDS does not look complete (e.g., blank spaces that are not completed) then the employer should request a new one from the manufacturer. If the request does not produce the information needed, then the employer should contact the local OSHA Area Office for assistance in obtaining the MSDS.

Be aware that an MSDS may not contain all of the hazard information required, as initially found in the case of Brazilian Blowout products. In the Oregon case, it was only after a stylist reported health problems while using the products that the investigation began. Workers need to report any health problems they think are from the products they use in the workplace to their employer and employers need to follow up on reports of health problems from workers.



When are manufacturers, importers, and distributors of hair smoothing products required to list formaldehyde as an ingredient in their products?

OSHA requires manufacturers of products that contain or release formaldehyde to include information about formaldehyde and its hazards on the label and in the MSDS. Formaldehyde must be listed if it is in the product at 0.1% or more (as a gas or in solution) or if the product releases formaldehyde above 0.1 parts of formaldehyde per million parts of air. Salons and other employers that directly import hair smoothing products from other countries have the same responsibilities as a manufacturer under the Hazard Communication standard - they must determine the hazards of the product and develop labels and MSDSs that communicate the hazards to users. These requirements are explained in OSHA's Hazard Communication standard (commonly referred to as the "Worker's Right-to-Know Rule") and OSHA's Formaldehyde standard.

What can I do to reduce exposure to formaldehyde when using formaldehyde releasing hair smoothing/straightening products?

Employers, stylists, and other salon workers should read the product information and MSDSs for the products they buy and use so that they know what chemicals are in them and how to use them safely in the workplace. The best way to control exposure to formaldehyde is to use products that do not list formaldehyde, formalin, methylene glycol, or any of the other names for formaldehyde listed above on the label or in the MSDS. Beauty care companies are now making and selling products that they claim do not contain formaldehyde in the solution. Choosing one of these products might eliminate the risk of formaldehyde exposure. Note that just because a product doesn't list formaldehyde, formalin, or methylene glycol does

not mean that it does not contain any other hazardous ingredients.

If salon owners decide to use products that contain or release formaldehyde, then they must follow the requirements in OSHA's Formaldehyde standard (29 CFR 1910.1048). The standard requires that employers test the air to find out the level of formaldehyde present in the air when the product is being used. If the test shows that formaldehyde is present at levels above OSHA's limits (0.75 parts of formaldehyde per million parts (or ppm) of air during an 8-hour work shift or 2 ppm during any 15-minute period), then the employer must:

- Install air ventilation systems in the areas where these products are mixed and used to help keep formaldehyde levels below OSHA's limit and perform regular maintenance to make sure the systems work correctly;
- When possible, require workers to use lower heat settings on blow-dryers and flat irons used during the process;
- Give workers respirators, if needed; train them to use the respirator properly; and meet the other requirements in OSHA's Respiratory Protection standard;
- Ensure workers understand the information on a product's label and MSDS;
- Post signs at entryways to any area where formaldehyde is above OSHA's limit to tell workers of the danger and stating that only authorized personnel may enter;
- Tell workers about the health effects of formaldehyde, how to use the product safely, and what personal protective equipment to wear while using the product; and
- Train workers how to safely clean up spills and properly throw products out.

In addition, where the tests show that formaldehyde is present in the air at a level of 0.5 ppm during an 8-hour work shift or 2 ppm during any 15-minute period, then the employer must:

- Get workers the right medical attention (e.g., doctor exams), and
- Test the air periodically to make sure that formaldehyde levels are below OSHA's limits.

Whether or not air tests show formaldehyde levels above OSHA's limits, employers must follow certain parts of the standard if a product contains formaldehyde:

- Give employees appropriate gloves and other personal protective equipment (e.g., face shield,

chemical splash goggles, chemical-resistant aprons) and train them on how to use this equipment while mixing and applying the products;

- Explain to workers how to read and understand the information on a product's label and MSDS;
- Make sure the workplace has eye and skin washing equipment if products that contain formaldehyde could be splashed onto the workers' skin or into their eyes;
- Train workers how to safely clean up spills and properly throw products out, and;
- Get workers the right medical attention (e.g., doctor exams) if they develop signs and symptoms of an exposure to formaldehyde or are exposed to large amounts of formaldehyde during an emergency (e.g., a large spill).

Employers must also keep records of the air tests they perform, any medical attention needed by their employees, and respirator fit-testing.

For more information about how to control formaldehyde exposures in hair salons, read Oregon OSHA's Hazard Alert at www.orosha.org/pdf/hazards/2993-26.pdf and Cal/OSHA's Advisory at www.dir.ca.gov/dosh/HairSmoothingPageVersion1Nov182010.pdf.

How can OSHA help you?

OSHA continues to monitor ongoing inspections that may have nationwide impact to ensure that health hazards and appropriate protections for products containing hazardous chemicals are communicated properly on the labels and MSDS. OSHA developed this webpage to give workers and employers useful, up-to-date information on formaldehyde hazards that might be present when using hair smoothing products that contain or release formaldehyde. Employers and workers should read OSHA's Formaldehyde Fact Sheet for more information about formaldehyde hazards and how to work with it safely. Contact your local OSHA office if you have any questions about a product that you are using or its MSDS. Hair salon owners

can also contact OSHA's free and confidential consultation service to help determine if there are hazards at their workplace. On-site consultations do not result in penalties or citations. To contact OSHA's consultation service, visit OSHA's website at www.osha.gov or call 1-800-321-OSHA (6742).

What rights do workers have?

Workers have a right to a safe workplace. The Occupational Safety and Health Act of 1970 (OSH Act) was passed to prevent workers from being killed or seriously harmed at work. The law requires employers to provide their workers with a workplace that is free of potential hazards. The OSH Act created the Occupational Safety and Health Administration (OSHA), which sets and enforces protective workplace safety and health standards. OSHA also provides information, training and assistance to workers and employers. Workers may file a complaint to have OSHA inspect their workplace if they believe that their employer is not following OSHA standards or that there are serious hazards.

Contact us if you have questions or want to file a complaint. We will keep your information confidential. We are here to help you.

Disclaimer

This Hazard Alert is not a standard or regulation, and it creates no new legal obligations. It contains recommendations as well as descriptions of mandatory safety and health standards. The recommendations are advisory in nature, informational in content, and are intended to assist employers in providing a safe and healthful workplace. The Occupational Safety and Health Act requires employers to comply with safety and health standards and regulations promulgated by OSHA or by a state with an OSHA-approved state plan. In addition, the Act's General Duty Clause, Section 5(a)(1), requires employers to provide their employees with a workplace free from recognized hazards likely to cause death or serious physical harm.



U.S. Department of Labor
Hilda L. Solis, Secretary of Labor



**Occupational Safety
and Health Administration**

**1-800-321-OSHA (6742) TTY 1-877-889-5627
www.osha.gov**

Insurance

Several members asked me to research health insurance for the EAC membership. I spoke to several insurance agents and was able to find online the National Association of Socially Responsible Organizations (NASRO) that organizes all the insurance companies that insure non-profit organizations. NASRO is a private non-profit health care and health insurance co-op. They work as health care consultants to help their clients, and do not represent the financial interest of the insurance companies.

In order for EAC, or any other non-profit organization to qualify for group health insurance there must be paid employees. EAC is a volunteer membership organization and does not pay a salary to any of the members who are involved in EAC. Therefore, our association does not qualify for group health insurance.

Patsy Kirby, L.E. CPE



Classified Ads

BUSINESS FOR SALE

Thriving, well established (25 years) Electrolysis business in large centrally located San Diego office building (sharing expenses with another busy electrologist). Owner retiring. For more information please contact Rochelle at:

4NewImage@gmail.com
or call 619-993-6663.

Classified Ad Info

As a benefit to our membership we do not charge members for placing an ad.

Nonmember fee is \$20 for 4 months on the EAC website and one ad in the EAC newsletter. Payment must accompany advertising copy. (limit: 32 words).

Send all information regarding classified advertising to:

Rochelle Freeman, CPE
7807 Nightingale Way
San Diego, CA 92123-2726
619-993-6663
RockiZ@msn.com

The deadline for insertion of classified advertising information for the next issue of the newsletter is

DECEMBER 2011

EAC Newsletter
published by
The Electrologists'
Association of California, Inc.

Send Letters to the Editor and Editorial Inquiries to:

June Ladd, LE
4331 Piedmont Avenue
Oakland, CA 94611
510-658-1010
jladdy999@sbcglobal.net

Display Ads & Billing Contact:

June Ladd, LE
4331 Piedmont Avenue
Oakland, CA 94611
510-658-1010
jladdy999@sbcglobal.net

Classified Ad Contact:

Rochelle Freeman, CPE
7807 Nightingale Way
San Diego, CA 92123-2726
619-993-6663
RockiZ@msn.com

Publishing Information:

Karen Portnoff & Co.
710 Tennent Road
Manalapan, NJ 07726
karennco@aol.com

Display Advertising Rates

Full Page \$135
Half Page \$105
1/3 Page \$85
1/4 Page \$50

Submission Deadline	Newspaper Publication
December 1	January 15
March 1	April 1
July 1	August 1



This publication
has been
printed on
Recycled Paper

Please Note!

You will find the minutes to the AEA Board of Director's Meeting on our website at:

www.electrologycalifornia.org

Over 60 Years of Service

Pledged to the Highest Standard of Permanent Hair Removal

Electrologists' Association of California, Inc.

Randa Thurman, CPE

2600 Garden Road, STE 207

Monterey, CA 93940

FIRST CLASS MAIL

RETURN SERVICE REQUESTED

Visit us on the web at: www.electrologycalifornia.org

A Very Big Welcome To Our Newest Members

Southern Chapter

Jasmine Beavers, Corona, CA

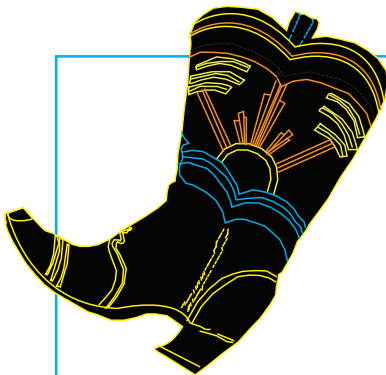
Janet Ohanian, Glendale, CA

Judith Morgan, Laguna Hills, CA

Northern Chapter

Adriane Kludt, Granit Bay, CA

EAC-NC will be hosting its September
24th & 25th 2011, meeting on the
Monterey Peninsula. Please Join us!



American Electrology Association's
Annual Convention & Exhibitors' Showcase

October 28-30, 2011

NASHVILLE

CPE test given!

<http://www.electrology.com/convention.html>

**OUR NEW WEBSITE IS
DONE... REALLY!!!**

Check it out:

www.electrologycalifornia.org

